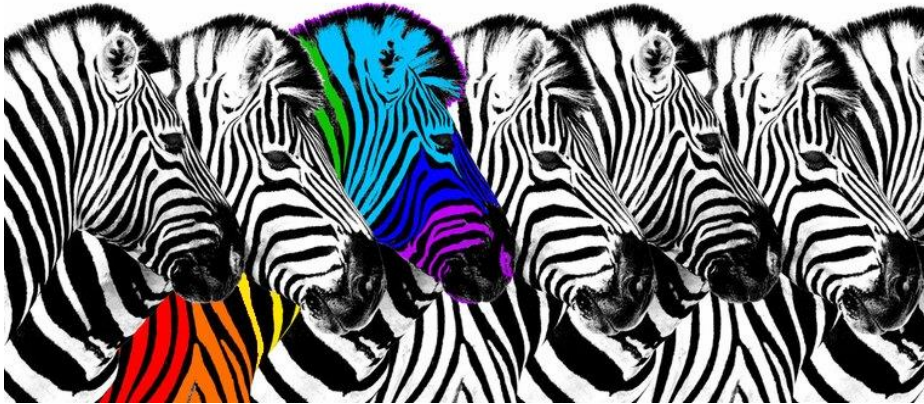


2023 **COURAGE TO BE ME**



THE 55th MISSOURI AREA 3 I
AL-ANON/ALATEEN CONVENTION
with A. A. Participation
SEPTEMBER 22-24, 2023
CAMDENTON, MISSOURI & ZOOM

ZOOM AGENDA

Friday, September 22, 2023

7:30 pm ZOOM Room Opens
7:45–8:30 pm Convention Opens /
Al-Anon Speaker – Gordy B. – Washington

Saturday, September 23, 2023

8:15 am ZOOM Room Opens
8:30–9:45 am Convention Opens /
Al-Anon Speaker – Connie H. – Iowa
10:15–11:00 am Al-Anon Meeting: “Seeking Serenity?” –
Barb B. S. (ZOOM 1)
10:15–11:00 am Al-Anon Meeting: “Let It Begin With
the Slogans” – Lori H. (ZOOM Room 2)
11:00–1:30 pm Lunch / ZOOM Room Closes
1:30 pm ZOOM Room Opens
1:45–2:30 pm Al-Anon Meeting: “Courage is Fear That Has
Said its Prayers” – Karen M. (ZOOM Room 1)
1:45–2:30 pm Al-Anon Meeting: “Joy in Al-Anon” –
Laurie K. (ZOOM Room 2)
3:00–4:15 pm AA Speaker – Ray M. – Texas
4:30–5:15 pm Al-Anon Meeting: “One Step Forward” –
Cathy W. (ZOOM Room 1)
3:00–3:45 pm Al-Anon Meeting: “Do We Have Courage to
Take Step Nine?” – Mary R.
(ZOOM Room 2)
5:15–7:30 pm Dinner Break / ZOOM Room Closes
7:30 pm ZOOM Room Opens
7:45–9:00 pm Al-Anon Speaker – Kathy H. – Ohio

Sunday, September 24, 2023

9:00 am ZOOM Room Opens
9:15–10:30 am Al-Anon Speaker – Kay M. – Texas
10:45–11:30 am Raffle Drawings

11:30 am

Convention Closing