



MISSOURI ROUND ROBIN

A Publication of
Al-Anon Family Groups of Missouri



SEPTEMBER 2016

Delegate's Report



Dear Al-Anon Family,

I've been asked several times lately about the difference between **donations** and **contributions** in Al-Anon. First, in the Index of the *2014-2017 Al-Anon Alateen Service Manual* (P24/27), under Contributions (page 297) it says (*See Financial Matters*). Under Financial Matters (page 298) several pages are listed, including *contributions*, *outside contributions*, and *to WSO*. Under Donations there is nothing listed.

One way to look at the difference is by the etymology - the roots - of the words. Donate comes from *Donar*, which the dictionary says is "to give (something, usually money) in order to help achieve or promote something."

Contribute comes from *Con*, meaning "with", and *Tribute*, defined as "an act, statement or gift that is intended to show gratitude, respect, or admiration."

Although the terms are often used interchangeably, the biggest thing I got out of this little study was that a donation is just giving something away. If I donate my old couch to a charitable organization that's the end of my association with it. But, when I contribute to my Al-Anon meeting, I give what I can - financially, physically, spiritually, intellectually, my experience, strength, and hope, etc., or any combination of those things. So I can put my money in the basket, and I also share what a blessing Al-Anon has given me when I tell about how finances (or any part of my life) have changed since I came into the program. Or maybe I don't have much cash but I can set up chairs or make coffee and then share how grateful I am that my health has improved over what it used to be and that I'm able to help that way. The examples are endless.

I'm actually on a Task Force now with other Delegates to develop a skit and/or pamphlet about acknowledging Spiritual Principles in Group Money Discussions. I can't share much more than that right now because we're still a "work-in progress", but I'm hoping we may see a new pamphlet soon.

So, I guess it all comes down to this: do we want to donate to Al-Anon or do we want to contribute? I'd much rather contribute, because - to me - contributing shows that I'm aware of the difference and that I am making that "... act, statement or gift that is intended to show gratitude, respect, or admiration." And I'm doing it "con" - *with* - you and all the other members of AFG who are able to contribute whatever gifts they may have to share with the rest of us.

With love in service,

Karen L.
Panel 54 Delegate

Convention Coordinator Report

Gee, it is the last year of Panel 54! It is time for the last Convention of this Panel too. How has my service as Convention Coordinator helped my personal program? I now *really* know that I am not alone. Not only do I know that I need you all there with me, but I want you there as well! I have learned to use the legacies of our program: Steps, Traditions and Concepts, to help me understand how to get the job done. I have learned what "to presume good will" really means. Although I have used the pronoun "I" too many times in this paragraph, I also know that this is a "WE" program.

That being said, if you would like to expand your personal program, why not give some prayer and meditation to becoming the next Convention Coordinator? All it takes is available time, willingness to be creative and/or tap into the resources of others, and the desire to interact with lots of people—both in the program and others, such as hotel staff. Take a look at the job description in the Procedures Digest. If you have any questions/suggestions, please drop me a note or call me. (Contact information was in the August edition.)

This is my last chance to encourage you to attend the 2016 Missouri Al-Anon Convention on September 23-25. Please come, if even for a day, to support the Area and have some fun. We have six

(Continued on page 2, Convention Coordinator)

Chairperson's Report



We have less than half a year left in our Panel and there is still so much to do. I'm looking forward to our Area Inventory at the Area World Service Committee (AWSC) meeting. While no one wants to hear negativity about themselves or things they care deeply about, this can only be a step in a good direction for Missouri Al-Anon. The inventory will give our incoming Panel some ideas and opportunities to work on for the next three years. I hope that you have all been praying, studying and speaking with others about stepping into a Service Position at the elections in November. I am looking forward to supporting all of those who will be walking with us in service for Panel 57. I am also looking forward to hearing the reports of all of our Coordinators and District Representatives (DRs) at Assembly as well, although it's bittersweet. We have accomplished so much the last three years as an Area, Districts, Groups and Individuals. I am so proud of the hard work that all of you contributed to the good of our Area. I am also hoping to have some Group Representative (GR) reports again and/or some open mic time for those who would like to share. Please come prepared to Assembly so that we can accomplish the business that we need to accomplish so that we can also enjoy our last Assembly together of this Panel.

Also, let's not forget the Convention. I am really looking forward to our celebration of Al-Anon's 65th birthday. What a wonderful way to round out our last year! I know that Marilyn and her committee have been working very hard to put together a wonderful weekend of recovery, fellowship and friendship. Remember, we will be at a different location this year; the Inn at Grand Glaize. It is closer to restaurants and shopping, and right on the beautiful lake. I hope to see all of you September 23-25.

As always, it is a privilege to serve you. You have made my last three years unforgettable in so many ways. I am so proud of what we have accomplished together.

Please let me know if you have any questions, comments or concerns about anything. It's my pleasure to serve you. Thank you for your continued support.

Mary L
Missouri Area 31 Chair/Panel 54

(Continued from page 1, Convention Coordinator)

wonderful speakers in addition to the Alateen panel. We will have birthday cake on Saturday evening for all to share. There are some great mini-meetings planned and some have wonderful information about Al-Anon's beginnings and growth. Even if you didn't pre-register, you will have a great time in your recovery if you help us celebrate the 65th birthday of Al-Anon. Please be aware there is a correction to the group code at the Inn. It is MAS916. We welcome donated raffle baskets and/or pre-packaged food for the hospitality room. All these donations help the Convention to come closer to be self-supporting.

I also remind you that the November Assembly is coming up with the flier being published in this issue of the Round Robin. I encourage folks to pre-register with the hotel as well as the Registrar so we can better prepare for you. Those attending will prepare us for the next Panel with their votes so it is an important Assembly. Come on down to become part of the decision-making!!!

Thank you for letting me serve as your Convention Coordinator. It has been a most humbling experience.

With gratitude,

Marilynn M.
Convention Coordinator
area31conventioncoordinator@gmail.com.

Literature Depot Coordinator

Hello everyone! The summer has flown by fast. The Day in Service was wonderful and a great event. Sales have been down all over this year. From the World Service Office, to other Al-Anon Information Service offices and Depots, all were down in sales: The Day in Service sales were \$446.10 and AA Convention sales were \$231.90. These were low compared to past years.

I have tried to balance holding my inventory down with still having a good supply on hand. Sometimes I have been slow and I am sorry to those who had to wait.

I hope to see a lot of you guys at the Area World Service Committee meeting or our Convention.

Dora J.
MO Area Literature Depot Coordinator

TREASURER REPORT



Hello Al-Anon Family!

This report covers finances for July 2016.

Income: Contributions -\$1820.41; Literature -\$1952; RR -\$280; Convention - \$1090; Alateen -\$311.50(fundraiser at DIS); Day In Service (DIS) -\$443 (raffles); Misc. -\$501.50 (DIS shirt sales-407.75, Public Outreach billboard-93.75).

Expenses: Literature-\$2286.35; Round Robin - \$270.26; Convention -\$2.30(fliers); Misc. -\$1055.66, (DIS shirts); DIS -\$1544.92; Alateen -\$116.15 (fundraiser supplies).

Thank you for supporting the Area. Feel free to contact me with any suggestions, concerns, or questions.

Diane S.
MO Area Treasurer

JULY 2016 BALANCE SHEET

Beginning Balance	\$14,003.89
Income	\$6,398.41
Expenses	(5,275.64)
Ending Balance	\$15,126.66
Reserve Fund Balance	8,975.51
Interest Earned	\$1.11
Total Reserve Fund Balance	8,976.62

Thanks for Your
Contributions!

District	Group Name /Description	Area Contributions
15	Focus on Solutions	\$30.61
14	All Male	\$20.00
14	Men's Feeling	\$34.00
9	Steps to A New Life	\$33.35
17	Blueprint For Progress	\$20.00
8	There is Hope	\$87.00
17	A Very Special Way	\$30.00
13	AlAnooners	\$12.00
26	District 26	\$20.00
21	Recovery Plus	\$30.00
22	River City Freedom	\$100.00
17	Journey to Recovery	\$32.00
26	Monday Lunch Bunch	\$20.00
13	Spiritual Awakening	\$24.75
21	Raymore	\$10.00
15	Group 502614	\$110.00
11	Just For Today Boonville	\$25.00
28	First Day	\$15.00
19	Lois' Back Door	\$15.00
26	Sharing Serenity	\$20.00
17	Morning Serenity	\$30.00
15	Serenity Express	\$20.00
15	Help In Hope	\$25.00
14	Friends in AFG	\$25.00
14	The Banner	\$110.00
13	Back Door Adult Children	\$40.00
2	Six O'Clock Serenity	\$81.70
19	Parkhill	\$410.00
13	Stumbling Blocks	\$200.00
28	A Walk With Lois	\$20.00
21	New Day	\$10.00
15	Webster Parents	\$160.00
	TOTAL	\$1,820.41

Statement Of Purpose

The **Missouri Round Robin** is the monthly service publication of Al-Anon Family Groups of Missouri. Please protect the anonymity of all whose names appear in it by keeping this newsletter within the Al-Anon/Alateen fellowship. Our deadline for material is the 10th of the month BEFORE the month in which your article is to appear.

We publish no poetry. The **Missouri Round Robin** is not copyrighted nor Conference Approved Literature.

For yearly subscriptions (group or personal), make checks or money orders for \$10.00 payable to:

MISSOURI AREA AFG and send to: Karen C., *****

Send articles to: Betsy M., ***** or email

Alateens Share

Disappointment has always been a recurring topic in my family. I find myself either disappointing the alcoholic, or being disappointed by the alcoholic. For instance, when I would plan something with the alcoholic, I would find him making ~~excuse~~ excuses. The disappointment I felt involved more sadness than ^{it would} anger. I could never really understand why the alcoholic would push things off when I was younger. There was always something more important that the alcoholic wanted to do. I remember as a kid how crushed I would be when the alcoholic, my father, didn't want to do anything with me. I would always question if I was good enough, or whether I was the daughter he wanted. Now having joined the program, I've learned to accept his disease and it's a lot easier to face disappointment because ~~to~~ now I know that it's not my fault and that I don't have to waste my time waiting around for my dad ~~to do things with me~~. I know what I need to do to keep myself happy. I am grateful for the program and for what it has done for me. Thank you Alateen.

-Madison

My story, our story

Michelle

My story is very similar to the rest of the members of my group: alcoholic parents, a messed-up family, lack of trust, and anger issues. According to my mom, my grandmother was also an alcoholic and a drug addict. When she had my mom, my grandfather left, so my mom never knew who her father was. My father grew up in bars and became a drunk. I used to think all adult men were drunks. My dad's dad died when my dad was eight years old. Both of my parents had difficult times growing up. Learning from my parents' past helped me understand them better.

Before Alateen, I constantly felt worthless, like I should be dead. I didn't care for other people. Alateen helped me want to live. They are like a family, they care about me. They are always there for me, even when I'm angry and frustrated. In most of our stories, our families were not there for us physically or emotionally.

I believe that this program saved my life. Without Al-Anon/Alateen, I would be throwing my life away or worse—killing myself. I'm thankful for this program and my new family in it.

Whenever times are rough, I know they could be worse. Whenever things are good, I know they could be better. That's why the slogans, the Serenity Prayer, and this program get me through life.

A great experience

Kayla

Alateen has been a great experience. The first time I came to a meeting, I was nervous and shy, but then I started to open up and learn new things. I lived in a house with an alcoholic for about 13 years. Now, I am 16 and it's just my mom and me in the house. Alateen has taught me to try to forgive my dad for the things he did, even though all of it may still hurt. It is difficult to separate the disease from the individual. My dad has a disease, but he is the reason why I am in this world. I may not forgive him always, but I am working on it. Alateen is a lot of fun. I've made a few new friends and they are really great. I like Alateen and I am grateful for it. I try to never miss a meeting. I am making progress and I am happy.



Used with permission from *Alateen Talk*, volume 54

AWSC Agenda

August 27, 2016

9:00 A.M. Open the meeting with the Serenity Prayer/Welcome

Traditions/Concepts/Warranties/Obstacles-

1. Please turn off all pagers and cell phones.
2. Restrooms are located
3. DRs still needed from 3, 7, 11, 12, 20, 23, 24 27
4. Roll Call/Ask It Basket Questions

The following (brief) reports will be given

Secretary
Treasurer
Procedures Committee
Finance Committee

Ratify motions passed at May Assembly

The rest of the day will be spent on the Area Inventory. If there is time at the end of the day we will work to fit in more reports. Lunch break will be from 11:30-12:45 and we will close the day at 4:00 P.M. Thanks for your cooperation and support.

Archives Report

THE MISSOURI ROUND ROBIN , NOVEMBER 1963

Report of the First Assembly Meeting of the Al Anon Family Groups of the State of Missouri

The first Assembly meeting for the State of Missouri Al Anon Family Groups was held in St. Louis, Mo., on October 27, 1963 at the Coronado Hotel. The meeting was opened by the Temporary Chairman, with the Serenity Prayer. On hand for the meeting were 25 Al Anon members, 17 representing the 5 groups in Greater St. Louis, 8 representing the following out-state groups: Cape Girardeau, Branson, Jackson, Ozark (Springfield) and Kansas City Groups.

This Assembly being new to each member present, and in most cases, strangers to one another, each person identified his or her self by name, group represented and location. The Temporary Chairmen read the introduction to Al Anon and to the World Conference, as well as the Purposes of the Conference and why we desperately need unity between the groups, through-out the state. She also emphasized the importance of electing our first officers. After a few minutes given for questions from the floor, a motion was made to give a brief outline of the duties of each office that we were to vote on that day. This done we started our nominations and election.

The feeling was strong that the Temporary Chairman had done a good job thus far, and therefore was better qualified to handle the position at this time. The officers were then elected in the following order:

<u>CHAIRMAN</u>	<u>DELEGATE</u>	<u>SECRETARY</u>	<u>ALTERNATE DELEGATE</u>	<u>TREASURER</u>
Ellie S.	Gene M.	LaRita I.	Robert P	Clementine F.
St. Louis, Mo. (4522 Club)	Independence, Mo (Kansas City Groups)	St. Louis, Mo. (St. Anthony's Al Anon)	Springfield (Ozark Al Anon)	St. Louis, Mo. (Edgewood Group)

We also discussed the manner in which we could obtain financial backing from all the groups in order to send our Delegate to the Conference. It was voted to leave it up to group conscience, with the understanding that the Treasurer would notify each group regularly of our financial standing.

It was also passed to write a letter of appreciation to the Chairman of the Eastern Missouri AA Conference, for the hospitality given to Al Anon. Without their invitation to include us in their Convention (as guests), we feel this Assembly could not have been the success it was. Not only did they provide us with a Hospitality and Meeting Room but they gave us speaking time at their Convention. This in itself brought us many new allies and gave Missouri AA members a better understanding of the Al Anon program. A big thanks to those who shared the Speakers' Table. A special thanks to the Alateen, who touched every heart there, with her honest sincerity and gratefulness to AA, Al Anon, and Alateen.

A member from Jefferson City, (where they are just in the process of getting a group started) arrived too late for the meeting. She spent time with the secretary going over the minutes, as well as encouraging interest for the program in Jefferson City. A big welcome to her too.

In summary it is felt by all who participated, that Al Anon has made a great stride in Missouri during this week-end, not just because we have a Delegate to send to the World Service Conference, but a stride towards unity and understanding between the Al Anon Groups in Missouri.

Your Servant, LaRita I. Assembly Secretary

The above account of our first assembly meeting in November 1963, was taken directly from the 4th edition of the Round Robin Area Newsletter. I thought it interesting how Al-Anon was spelled. Also, seeing the date of this event, it makes sense when we first participated at the World Service Conference—April 1964.

Hope you enjoyed the walk back in time!

Sarah M.
Missouri Area Archives

Umbrella of Recovery Workshop

Raindrops; Winds; Thunder; Lightening; Freezing Drizzle; Snow; Blustery Cold and then Sunshine?

District 13's Women's Strength in Unity AFG is hosting what is bound to be one of the most creative and thought-provoking workshops held in a long time. We've titled the workshop, "Using Your Umbrella of Recovery through the Storms of Life".

Now, who of us are strangers to turbulent patches in day-to-day living?

Cindy K. from Fort Worth, Texas will be our special guest and speaker. She will tell her story on Friday evening. Some of the topics forecasted for Saturday will be Acclimation (a.k.a. Adapting to Change and Letting Go); Charting the Jet Stream (a.k.a. Navigating Healthy Relationships and Boundaries); and Super Novas (a.k.a. Living Happy Joyous and Free).

In our planning we have arranged for a heartier array of snacks Friday evening; smaller, well-organized break-out sessions with trained facilitators; a carry-in lunch from Honey Baked Ham (although you may bring your own lunch); a Panel of Speakers; a basket raffle; a little open-mic time, and some hands on and hands off activities. How do these sound? Decorate a cover for your literature; Make a bookmark; Pictionary-Program Words; Giant Crossword-Slogans or a quiet Meditation walk in the Garden.

What's on your radar for **Friday and Saturday, September 9th and 10th**? Get in the car (as we use to say) and join us for a day full of predictable fellowship and recovery.

Check out the flier at www.missouri-al-anon.org for times and location. If you're across the state come for the weekend. There are hotels, shopping, casinos, sight-seeing and restaurants near Olive and I-270 – just a snow-ball throw away.

We'll save you a seat!

Al-Anon Declaration

Let It Begin With Me

When anyone, anywhere, reaches out for help,
Let the hand of Al-Anon and Alateen
Always be there, and—***Let It Begin with Me.***



District 22 Potluck

You are invited to:
an Al-Anon District 22 POTLUCK on
Saturday, October 15, 2016
at The Church of the Nazarene
in Farmington, MO.
The address is 801 N. Middle Street,
Farmington, MO 63640.

Meat will be provided by District 22.
Please bring a salad, vegetable, or
dessert to share with the group.

The meeting will begin at
11:00 a.m. with lunch at 12:00.

There will be an AA speaker and
an Al-Anon Speaker.

Our Al-Anon speaker is
Beth, from St. Louis, MO.

There will be a silent auction
for baskets of goodies.

It promises to be a lot of fun,
so please join us there.

Meet The Board

IMPORTANT INVITATION AND REMINDER:

An Al-Anon Opportunity

**"Meet the Board" is happening
in Fayetteville, Arkansas!**

Saturday, October 22, 2016
9:00 AM – 4:30 PM

The Chancellor Hotel,
70 North East Avenue,
Fayetteville, AR

Join your Sponsor, bring a sponsee,
and invite members from your group!



Al-Anon Internet Sites

www.al-anon.org

www.al-anon.org/members

www.missouri-al-anon.org

*Al-Anon's Three Legacies
of the Month*

Step Nine

Made direct amends to such people whenever possible, except when to do so would injure them or others.

Tradition Nine

Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concept Nine

Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.

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Tidbits from Al-Anon Literature

If our relationships follow Tradition Nine as our groups do, then they "ought never be organized." While this doesn't mean they should be disorganized, it suggests simplicity. We let go of rigidity and regulation, keeping in mind that equality is sustained by order, balance, and a division of responsibilities.

Discovering Choices (B-30), page 262-3

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Al-Anon Member Quotes

"Came to Al-Anon in an extra-long U'Haul but has learned to discard the junk."

"I'm learning to work on my recovery and not anxiously await hers."

"My goal now is to be part of the solution, not part of the problem."

"Part of my living amends to my alcoholic is to treat him like an honored guest in my home."

"Step Nine Amends are made for me, not anyone else."



DISTRICT 28 INVITES YOU TO OUR ANNUAL GRATITUDE
GATHERING
OCTOBER 22, 2016

LOCATION: UNION ZION UCC CHURCH
CORNER OF WASHINGTON AND SPRINGFIELD
UNION MO.
TIME: 5:30pm-9:00pm

AL-ANON SPEAKER IS SUE K.
AA SPEAKER IS JESSE K.

GROUP WILL PROVIDE CHICKEN AND HAM AND DRINKS.
WE ASK YOU TO BRING YOUR FAVORITE DISH TO SHARE .

DISH SUGGESTIONS ARE,
A-E:SALADS/PASTAS H-O:DESSERT P-Z:Main Dish
PLEASE BRING A GIFT WRAPPED FOR A WHITE ELEPHANT
EXCHANGE. WE WILL HAVE A BASKET RAFFLE AND 50/50
DRAWING TOO. COME JOIN US FOR FUN AND FELLOWSHIP!



The Forum

*The monthly magazine of
Al-Anon Family Groups*

Al-Anon and Alateen members share what they've learned as they apply the principles of the Al-Anon program to their life's challenges.

Subscription cost is \$11.00 per year

Make checks payable to: *AFG, Inc.*

*1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617*

Fax: (757) 563-1655

Be sure to include the name and address of the person you wish to receive the subscription along with your check or money order.



Speakers Workshops Raffles Meetings Banquet Fellowship Literature

Alive at 65

Spiritual Principles: Past, Present, and Future

Missouri Area Al-Anon/Alateen Convention
 A.A. Participation
September 23-25, 2016
Inn at Grand Glaze
 5142 Highway 54
 Osage Beach, MO 65065
 1-800-348-4731
 or 573-348-4731
 You may also make room reservations on-line at www.innatgrandglaze.com



Al-Anon Family Groups will be 65 in 2016!
Join us in our celebration!

All room reservations must be made directly with the hotel by August 23rd to guarantee the discounted room rate of \$79 plus tax. This rate will be honored two days prior and two days after the event, based on availability (mention Missouri Al-Anon State Conference—group code MAS916)



Speakers
 Dru S.—Springfield, MO
 Danny D. (A.A)—Springfield, MO
 Alateen Panel TBA
 Mary R.—Philadelphia, PA
 Nancy B.—Buena Vista, CO
 Rob B.—Webster Groves, MO

All children attending with parent(s) or authorized guardian(s) must be under adult supervision at all times.

Registration: All registrations are non-refundable! Please complete a form for each person attending.

Name: _____	\$20 per person: \$ _____
City: _____	After September 1st \$30 per person: \$ _____
Email: _____	Alateen \$1 per person: \$ _____ (see below)
Phone: _____	Saturday Banquet \$20 per person: \$ _____
(Deadline for ticket purchase is September 15, no exceptions.)	
What Missouri District are you from? _____	Hospitality Room Contribution: \$ _____
Is this your first Missouri Area Convention? YES NO	Total: \$ _____
Special Dietary needs? (for Saturday Banquet) _____	(continue on back if needed)

Make check payable to: Missouri Area AFG, 102 Galway St., Smithville, MO 64089
 For more information call or contact Rayma Tyson 913-269-6604 area31register@gmail.com
 OR Marilyn Medley 573-636-5632 area31conventioncoordinator@gmail.com

Check one: AA _____
 Al-Anon _____
 Alateen _____

Alateen Registration (Missouri Area Event Alateen Age Range is 13 through 19) Signed & notarized permission and medical release form is required unless accompanied by parent or guardian. Form copies are to be turned into the AAPP at registration. Alateen and accompanying AMLAS rooms must be reserved directly with the hotel and notification sent to the Alateen Coordinator by August 15, 2016 at moarea31alateencoordinator@gmail.com.

What is YOUR Spiritual Potential?

Fall Assembly Panel 54 Business selecting next Panel members,
Reports, & Fellowship

Inn at Grand Glaize*
5142 Highway 54, Osage Beach, MO 65065
800-348-4731 / 573-348-4731

Saturday, November 5th
Registration: 8:30am • Assembly Begins: 10:00am
Room Check-in: 4:00pm • Room Check-out by 11:00am

Sunday, November 6th
Assembly Begins: 9:00am • Ending at noon

Area 31 Fall Assembly November 5th & 6th, 2016

For more information, contact Marilyn Medley, 573-636-5632, area31conventioncoordinator@gmail.com
or Rayna Tyson, 913-269-6604, area31register@gmail.com

**All room reservations must be made directly with the hotel by October 4th, to guarantee the discounted room rate of \$70.00 plus tax. This rate will be honored two days prior and two days after the event, if folks want to come early or stay later at their expense, based on availability (mention Missouri Area Al-Anon Assembly – group code MASN16).*

-----REGISTRATION FORM-----

Complete and mail with payment to: MO Area AFG, 102 Galway St, Smithville, MO 64089
Make all Checks Payable to: "MO AREA AFG" (all registrations are non-refundable).

Al-Anon pre-registration <u>before</u> October 26, 2016	\$3.00	Check One:
Al-Anon registration at the door	\$5.00	<input type="checkbox"/> GR <input type="checkbox"/> DR <input type="checkbox"/> Other
Alateen registration FREE, signed permission slips & medical release forms are required. Copies will be collected. Alateen & accompanying AMIAS rooms must be reserved directly with the hotel and notification sent to the Alateen Coordinator moarea31alateencoordinator@gmail.com by Sept 26 th .	FREE	Check One: <input type="checkbox"/> Alateen GR <input type="checkbox"/> Other
Would you consider sharing a room if the hotel starts filling up?		<input type="checkbox"/> Yes <input type="checkbox"/> No
Contribution to Hospitality Room	\$	or pre-packaged food
Total Amount Enclosed	\$	
Name:		
Address:		
City, State, ZIP		
E-mail Address:		
District/Group:		

**DISTRICT 13 4TH ANNUAL AFG WORKSHOP
 USING YOUR UMBRELLA OF RECOVERY
 THROUGH THE STORMS OF LIFE
 SPEAKER: CINDY K. FORTH WORTH TX**

**FRIDAY & SATURDAY SEPTEMBER 9 & 10, 2016
 St. Timothy's Episcopal Church ~ 808 N Mason Rd. Creve Coeur, MO**

REGISTRATION FEE

\$8.00 (Alateen \$2.00)
Postmarked by Sept 2

\$13.00 (Alaten \$5.00)
Postmarked after Sept 2 Or at the door

BOX LUNCH OPTION

*Available only with registrations postmarked
 by Sept 2*

Additional \$8.00

**Honey Baked Ham-Box Lunch includes
 Sandwich of choice, chips & cookie**

WORKSHOP SCHEDULE

FRIDAY SEPTEMBER 9

5:30 PM Doors Open (Walk-ins Welcomed)
 5:30 PM-7:00 PM Registration, Fellowship & Snacks
 7:00 PM-8:30 PM Cindy K. shares her story

SATURDAY SEPTEMBER 10

8:30 AM Doors Open (Walk-ins Welcomed)
 8:30 AM-9:00 AM Registration, Fellowship & Snacks
 9:00 AM-Noon Morning Workshop Session
 Speaker, Breakout Sessions, Activities
 Noon-12:45 PM Lunch
 12:45 PM-2:15 PM Afternoon Workshop Session
 Panel Discussion, Activities, Speaker
 2:15 PM-2:30 PM Wrap Up & *Raffle Drawings

*******REGISTRATION FORM*******

All Registrations are Non-Refundable.

Complete form below and mail with check (made out to District 13 AFG) or money order to
 Debby Price 1690 Ansonborough Dr., Chesterfield, MO 63017

Personal Information -Please Print

(One Form Per Person May Enclose One Check to Pay for all Completed Forms)

Name _____

Address
 Street, State and Zip _____

Email address _____

Phone # if no email address is available. check if registering as an Alateen Member (must attend with parent or AMIAS)

Honey Baked Ham Box Lunch ~ Cost: \$8.00
 Select Sandwich Choice ~ each includes chips & cookie

- | | |
|--|---|
| <input type="checkbox"/> Steak House Roast Beef | <input type="checkbox"/> Turkey Croissant |
| <input type="checkbox"/> Honey Baked Ham Classic | <input type="checkbox"/> Mediterranean Vegetarian |

Deadline for sandwich orders must be postmarked by Sept. 2nd

Registration Fee \$ _____

Box Lunch (optional) \$ _____

Total Enclosed: \$ _____

Check # _____

**Bring Cash if you wish to participate in Basket/Tape Raffle*

<i>Upcoming Group & District Events</i>		
Sept. 8, 2016 Pizza 6:00 PM 6:30Start	District 14 Meeting	St. Mark's Episcopal Church 4714 Clifton Ave. at Locke St. Louis, MO 63109
September 9-10, 2016	District 13 Annual Workshop Save the Date	St. Timothy's Episcopal Church 808 N Mason Road Creve Coeur, MO 63141
Sept. 17, 2016 10:00 AM—Noon	District 13 Meeting	St. Timothy's Episcopal Church 808 N Mason Road Creve Coeur, MO 63141
Sept. 17, 2016 1:00 –2:30 PM	District 2 Meeting	Abiding Savior Lutheran Church Anderson Hall 4355 Butler Hill Road St. Louis, MO 63128
Sept. 18, 2016 1:00 PM- ???	District 25 Picnic	Cuivre River State Park Lake Shelter 678 State Route 147 Troy, MO 63379
Sept. 18 2016 11 AM– 3 PM	District 2 Picnic	Festus West City Park Lakeside Pavilion #12 2200 Sunshine Dr. Festus, MO 63028
October 8, 2016	District 8 Business Meeting	St. Andrew's Lutheran Church 914 W. Boulevard South Columbia, MO 65203
October 8, 2016 11 AM– 3 PM	District 14 Fall Festival	St. John the Baptist Parish Center 4200 Delor Ave. St. Louis, MO 63116
October 15, 2016 1:00—4:00 PM	District 25 Serenity Walk	Stone Shelter Cuivre River State Park 678 State Route 147 Troy, MO 63379
October 15, 2016 12:00—2:00 PM	District 2 Serenity Walk	Spring Branch Trail-Seckman Rd. Imperial, MO 63052
October 22, 2016 5:30-9:00 PM	District 28 Annual Gratitude Gathering	Union Zion UCC Church Corner of Washington & Springfield Union, MO 63084

Area Calendar of Events

Missouri Al-Anon Convention
September 23-25, 2016
Inn at Grand Glaize

Missouri Area Assembly
November 5-6, 2016

AWSC Meeting
March 11, 2017

CBAT (Come Be A Teen)
April 7 - 9 2017

World Service Conference
April 24-28, 2017

Save the Date

Al-Anon International Convention
July 6-8, 2018
Baltimore, MD

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