



MISSOURI ROUND ROBIN

A Publication of
Al-Anon Family Groups of Missouri



FEBRUARY 2017

Alternate Delegate's Report

Hello Missouri Area. My three-year service opportunity as Missouri Area Alternate Delegate has begun. I'm Sue K, from District 13, my home group is Women's Strength in Unity, AFG which meets in the St. Louis area on Thursday evenings. Having just finished my three-year term as District 13's Panel 54 District Representative, to my surprise my Higher Power influenced me to stand for Alternate Delegate at the May Assembly.

When standing for an Area Position the Area asked we share our service experience. My service sponsor encouraged me to write down what I would share. It was only when I wrote my past service experience that my Higher Power made it clear which position I should stand for. As always when I follow and trust the process, God's will for me is revealed.

The transition period has gone smoothly thanks to Panel 54 Alternate Delegate, Panel 57 Area Delegate Sarah S. I have received the thumb drive of documents and acquired the Gmail address area31altdelegate@gmail.com. Please feel free to contact me at anytime. (DR) District Representative and (GR) Group Representative training and open forums over the past three years have been beneficial.

I hope to build on the training modules already developed, adding some interactive workshop exercises. It's comforting knowing Sarah will be close by to answer questions and be a resource. I look forward to working with her and the rest of the Panel 57 Area Officers and Coordinators, DRs, GRs and all Missouri Area Al-Anon members.

Sarah and I attended the (AA) Alcoholics Anonymous Convention Committee meeting in December to facilitate a smooth transition for me as Liaison to the A.A. Convention. The A.A. Convention Committee is almost all new folks and it was a positive experience. I will attend another committee meeting this month and will have more details in my report at the March Area World Service Committee (AWSC).

For now, please consider joining in this effort of cooperation with A.A. by attending and/or serving at the Missouri State A.A. Convention. It will be held August 4-6, 2017 in Jefferson City.

Our Delegate, Sarah S., will be attending the World Service Conference, April 24-28, 2017. You have an opportunity as an individual, group or district, to express your gratitude to Sarah and other Delegates from US and Canada who serve our fellowship, by sending love gifts, cards and or love notes. The love gifts are shared with all the delegates and the cards and love notes are words of encouragement to Sarah.

They should be postmarked between Tuesday, April 18 - Monday, April 24. Addressed to Sarah Smith, Panel 57 Missouri, Wyndam Virginia Beach Oceanfront Hotel, 5700 Atlantic Avenue, Virginia Beach, VA 23451. Mark in BOLD: Hold for 2017 WSC World Service Conference.

Looking over my Duties, number eight looms the largest: Coordinate and arrange the annual Missouri Area Al-Anon Day In Service. Historically, this event is hosted by one or two Districts. One of the first activities I participated in at the District level was the Day In Service committee when District 13 cohosted with District 28, 6 years ago. It was a bunch of fun and I learned that when each of us does our part something extraordinary happens.

The Day In Service is a day of celebrating service, learning about our Traditions and Concepts of Service and how participation in service contributes to our recovery. I would encourage the new District Representatives to put "Hosting the Day In Service" on your next District Meeting Agenda. Please consider being the District (or districts) that gets the honor of hosting this Area Event. Contact me immediately so we can get this party started!

Speaking of getting the party started, I anticipate an exciting year as I enter my role as Alternate Delegate. I look forward to the fun, fellowship and fervent learning (hey I needed another F) we will do together!

In Service,

Sue K,

Missouri Area Alternate Delegate

Chairperson's Report



In each New Year, I begin anew reading one or more of our daily readers. I've read these pages for many years but each time there is comfort in the familiarity and excitement in the newness that pops out as I reflect on each page from a different place in my recovery.

What has popped out for me in 2017 from our Courage to Change is trust in the process, recognize the love, rely on the tools and remember that today I have choices all blanketed in the guidance of a Higher Power and the "WE" of our program. It is with this perspective that I am honored and humbled to be a part of Panel 57.

Mary L. has been and I know will be an invaluable resource of wisdom and kindness in this transition for which I am particularly thankful. I am also grateful for so many good wishes and encouragement from you.

As Mary indicated last month we are both committed to continuing with the Financial Review Committee. The committee is being reconfigured based on those who can continue. I believe we will be ready to move forward by our first Area World Service Committee (AWSC) on March 11th. I look forward to seeing you in Jefferson City. The time and location are posted in the calendar section of our web site. As soon as the agenda is finalized I will have it posted as well as published in the March issue.

The Alternate Forum/Literature Coordinator position has been filled. We welcome Patti B. from District 8. We need of an Alternate Convention Coordinator, so please announce this at your groups and consider this important service.

I will be attending the South Central Regional Delegates Meeting (SCRDM) in February with several of my fellow officers and Past Delegates from Missouri. Last year's meeting in Oklahoma City was my first. It was a tremendous window into working the traditions and concepts on a larger scale. I'm looking forward to continuing the learning and fellowship. If you have an opportunity either now or in the future, I encourage you to take the risk and get in the car.

Panel 54's accomplishments are countless. They have laid strong groundwork for us. Going forward, we have much to consider including our area inventory and evaluations. Additional suggestions and ideas were passed on to me and I'm sure others in our area since November to be included. As Mary mentioned last month, if you have a joy, concern, question, suggestion or feedback regarding the Missouri Area, please do contact me.

Thank you for this amazing opportunity to be of service to the Missouri Area.

Peace,

Lynn C-R
Panel 57 Area Chair
area31chair@gmail.com



Missouri Alateen Coordinator Report

Happy good start to Panel 57! As your new Alateen Coordinator I would like to thank all the members of the Area who support Alateen. The Al-Anon Member Involved in Alateen Service (AMIAS) in Missouri especially look forward to your support in 2017!

Please consider how each of your groups can follow the suggestions in *The Forum*, December 2016 issue, page 8, where it has several suggestions such as using Alateen literature in Al-Anon meetings. Or you can "like" or "share" the "Alateen, World Service Office (WSO) page. Al-Anon does not have age limits so your group members might discuss asking teens they know, whom they suspect could benefit to your Al-Anon meeting to learn about recovery, if you do not have an Alateen meeting in your town.

The Area Alateen Convention, Come Be a Teen (CBAT) Committee would again ask for any gently used or new items appropriate for teens to be donated to our annual event. They just need to be wrapped and brought to AWSC in March or given to Alateen Group Sponsors. We use them in a fun game as an ice breaker at CBAT.

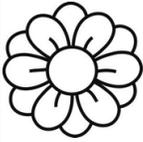
Reminder to Alateen Groups that Super Sunday is March 12, 2017, so please announce at your meetings. Also, encourage your teens to attend CBAT in April. Every Alateen group sponsor should have received the CBAT packet but it is also on the MO Area website.

I am looking forward to seeing everyone in 2017!

Sharing in service,

Marilynn M

Speaker Coordinator Report



Greetings to each of you. I am writing this on New Year's Day and thinking about what the conventions and the speakers have meant to me. I was introduced to speakers by others in my home group coming back from the convention and talking about the wonderful speakers. They were enthused about one in particular because she was so funny. They brought back the set of speaker tapes (yes, they were tapes back then) and allowed me to borrow them. I was hooked!

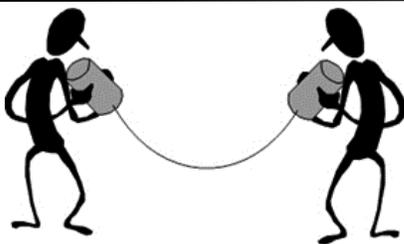
The next year, I attended the convention with them both in the tapes and in person I heard how other people practiced their program. I heard more and different things than I heard in my regular home group meeting and I began to see the program as something with much more to offer than I had up to that point.

Eventually, I began to hear about people working with sponsors and working The Steps. While we talked about those things at our meeting, those points seemed to be lost in practice. Thanks to hearing about these things at conventions, I expanded my own meeting attendance to go farther afield until I found someone to be my sponsor who would take me through The Steps. In short, the convention experience expanded my program without me even knowing it until much later.

With these things in mind, the Speaker Selection Committee has already been listening to speaker CDs and making recommendations of who to ask to speak. We already have one couple lined up for September – they are Shirley and Bill R. from Arkansas. We will be listening to more CDs and rounding out the program soon. If you have a recommendation, please send us a CD so we can evaluate them. If you have contact information, that would be appreciated as well.

Thank you for this opportunity to give back to my program.

Geneva D
Speaker Coordinator



Al-Anon's Three Legacies of the Month

Step Two

Came to believe that a Power greater than ourselves could restore us to sanity.

Tradition Two

For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.

Concept Two

The Al-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.

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November Assembly Ask It Basket Question

Question: The Service Manual says that Alcoholic Anonymous (AA) members can't be Group Representatives because of voting on Al-Anon issues. Does that apply to all dual members like NA, OA, CODA or just AA members?

Answer: The Al-Anon/Alateen Service Manual (p24/27) refers only to members of AA in this instance; not to members of any other 12 step program. Further concerns would need to be addressed to the World Service Office.

Question: What does ex-officio mean?

Answer: A person who is ex-officio is on a committee because of another position they hold—they have voice but not vote. For example, in the Missouri Area, the Area Chair, by virtue of being Area Chair is an ex-officio member of the Convention Committee.



SURVIVAL TO RECOVERY

INVITES YOU TO OUR

THIRD YEAR ANNIVERSARY CELEBRATION

February 11th, 2017

5:00 PM

Turning Point Church of the Nazarene

5211 Frederick Ave, St Joseph, Mo

(Located across from Heartland Rd ----- Come in back/North door)

Speakers:

Dianna O.

Al-Anon

Columbia, Mo

David O.

AA

Columbia, Mo

Pulled pork, brisket & drinks provided ----- please bring a side dish to share

Raffle items will include: Al-Anon book, Love & Entertainment baskets & more. 50/50 raffle.



TREASURER REPORT

Happy New Year Al-Anon Family! This report covers December 2016 finances. Income: contribution- \$820.34, RR- \$155. Expenses: Lit.- \$419.08, Round Robin- \$308.65, Assembly- \$1296.07 (master bill), Day in Service- \$12.37 (supplies), and Misc.- \$358.94 (order checks, deposit books, stamp ink, service charge). Lori H. and I got together for the transition and I know she will do a wonderful job. She will officially take over on Feb. 1. You will find her contact info at the back of the RR issue.
 Diane S. , Panel 54 Area Treasurer
 area31afgtreasurer@gmail.com

December 2016 Balance Sheet

Beginning Balance	\$16,291.10
Income	\$975.34
Expenses	(\$2,375.11)
Ending Balance	\$14,871.33
Reserve Fund	\$8,981.14
Interest Earned	\$1.11
Subtotal Deposit ½ Convention Profit	\$8,982.25
Total Reserve Fund Balance	\$8,982.25

The Forum

*The monthly magazine of
Al-Anon Family Groups*

Al-Anon and Alateen members share what they've learned as they apply the principles of the Al-Anon program to their life's challenges.

Subscription cost is \$11.00 per year

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DI ST	Group Name /Description	Area Cont.
17	Hope For Today	\$ 100.00
21	Recovery Plus	\$ 30.00
4	West Plains Brown Bag	\$ 40.00
21	Lee's Summit	\$ 100.00
19	Lois' Back Door	\$ 30.00
19	Smithville	\$ 100.00
4	Choosing To Change	\$ 20.00
13	Ever Thankful	\$ 20.00
4	Courage To Change	\$ 30.00
17	Solutions of Harvester	\$ 25.00
15	Focus On Solutions	\$ 27.13
15	group #8390	\$ 60.00
5	Better View	\$ 50.00
15	Journey To Serenity	\$ 34.00
9	Courage To Change	\$ 20.00
28	A Walk With Lois	\$ 30.00
14	All Male	\$ 11.00
14	Men's Feelings	\$ 12.00
4	Branson Serenity Seekers	\$ 10.00
15	Our Gang Mens	\$ 38.21
13	Choices	\$ 33.00
	TOTAL	\$ 820.34

**Thank You
for your
Contributions!**

When there is an Alateen meeting at the same time as an Al-Anon meeting:

- Announce the Alateen meeting each week, mentioning the ages involved.
- Explain the Al-Anon Member Involved in Alateen Service (AMIAS) certification process and encourage Al-Anon members to become certified.
- Invite Alateens (from our group or other groups) to speak from time to time
- Plan combined events occasionally, including meetings as well as pot lucks, etc.
- Ensure that teens have rides (with certified AMIAS) to visit other meetings and attend Alateen events.
- Ask the Alateen Group Representative (GR) to help report on the district meetings if he/she was able to attend.
- Give frequent recognition to Alateen Group Sponsors! When there is no Alateen meeting, young people are encouraged to attend the Al-Anon meeting:
- Ask younger members to read some of the meeting format and invite them to share.
- Ask a teen to chair the meeting periodically.
- Read an announcement explaining Alateen, mentioning whether meetings are held around the vicinity, and ask AMIAS present to answer questions about Alateen before or after the meetings.

Laurie K., Past Delegate
 Missouri Round Robin, September 2014

Area Calendar of Events

- Supporting Missouri AMIAS-Annual Recommended Training (SMA-ART)**
 Feb 17, 18, 19, 2017
- Area World Service Committee (AWSC) Meeting**
 March 11, 2017
- Area Alateen Business Meeting (Super Sunday)**
 March 12, 2017
- Missouri Alateen Conference CBAT (Come Be A Teen)**
 April 7-9 2017
- World Service Conference**
 April 24-28, 2017
- MO Area Al-Anon/Alateen Convention**
 September 22-24, 2017
- Al-Anon International Convention**
 July 6-8, 2018
 Baltimore, MD

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Jenn B

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