

DISTRICT REPRESENTATIVE

LINK OF INFORMATION IN THE AFG LINKS OF SERVICE

Prepared and Presented by:

Sue K,

Missouri Area Panel 57 Alternate Delegate

Area31altdelegate@gmailcom

WHY DO WE SERVE? -WHY DOES AL-ANON EXIST?

TRADITION FIVE

Each Al-Anon Family Group has but **one** purpose to help the families and friends of alcoholics. We do this by practicing the Twelve Steps of A.A. ourselves, by encouraging and understanding our alcoholic relatives and by welcoming and giving comfort to families of alcoholics.

ROLE AS A DISTRICT REPRESENTATIVE-

YOU ARE THE INFORMATION LINK IN THE CHAIN THAT LEADS TO OUR WORLD SERVICE CONFERENCE.-
LINKSOFSERVICE

Member+Member=**Group**

Group+**Group**=**District**

District + **District** = **Assembly**

Assembly+**Assembly**=Conference

- The DR is elected from among the incoming, outgoing, or active past GRs in his home district prior to the Assembly or by caucus at the Assembly. Each DR represents one district within the Area. He helps the groups in his district understand their relationship and responsibility to the worldwide fellowship.

Service Manual pg 157-158

CONCEPT ONE

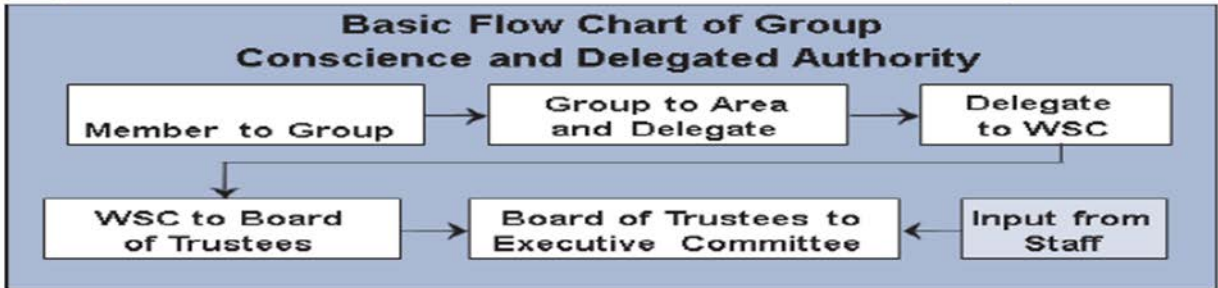
The ultimate responsibility and authority for Al-Anon World Services belongs to the Al-Anon Groups.

TRADITION TWO

For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern

Where is the District Representative?

This chart shows how both delegated authority and group conscience goes back through the same channels. Communication is what makes the process work



Note that the Executive Committee often receives input from the World Service Office staff as it works with projects



YOU ARE THE ARROWS THE LINK OF INFORMATION

BE INFORMED SHARE INFORMATION

- Read the Service Manual.
- Study and Work the Traditions and Concepts.
- Get and use a Service Sponsor
- Inform GRs how to access Missouri Area and World Service Website tap into resources there such as our guidelines.
<http://www.missouri-al-anon.org>
<http://www.al-anon.org>
- Log on to AFG Connects E Community You should have received your log on information./
- Attend ASWC Share information at District Meetings.
- Read and share emails from the Delegate.
- Make sure each Group receives the Round Robin-Area News Letter.
- Develop contacts with other DRs, AIS Office, Area Officers and Coordinators.
- Invite Delegate, Area Coordinators, Officers and other informed members to speak at your District Meetings.
- Attend ASWC and share information at District Meetings.

DUTIES AS A DISTRICT REPRESENTATIVE

Service Manual pg 157-158

You are the Link of information

- To call and chair district meetings at regular intervals.
- To help the groups understand and apply the Traditions, which guide us in our fellowship activities
- To attend Area World Service Committee meetings and report to the Area World Service Committee on activities within his district.
- To visit all the groups in his district, particularly new groups, to make sure they are getting necessary information and help.
- To help the Delegate in every way possible in disseminating Conference information and reports.
- To keep in touch with the GRs of his district to learn the views of the groups and their problems, which, in turn, he may report to the Area World Service Committee or the Delegate.
- To prepare and update a mailing list of the GRs in his district for the Area World Service Committee.
- To urge every group to complete and promptly return the group data sheets sent out annually by the World Service Office.
- To check the group's Current Mailing Address (CMA) with each GR in the district to determine if it is correct.
- To make sure mail from the WSO is reaching the groups and being shared with the members
- To notify the Area World Service Committee and WSO of groups that have disbanded.

EXERCISE:

Divide into groups look through the duties and the DR Guideline-Look through and discuss which duties or Do's apply to being a conduit of information. Talk about ways to be that conduit

.NOTES FROM SHARINGS:

DUTIES AS A DISTRICT REPRESENTATIVE

Service Manual pg 157-158

- To attend **Area World Service Committee** meetings and report to the **Area World Service Committee** on activities within his district.
- To keep in touch with the GRs of his district to learn the views of the groups and their problems, which, in turn, he may report to the **Area World Service Committee** or the Delegate.

AWSC MEETING/AREA ASSEMBLY

- **Missouri Area Al-Anon/Alateen Procedures Digest Page 5**
 - The Area World Service Committee will meet the second Saturday in March and the fourth Saturday in August. 11/10
 - Two-day Area Assemblies are to be held the weekend before Mother's Day and beginning the first Saturday of November. 11/08
- **Missouri Area Al-Anon/Alateen Procedures Digest Page 8**
 - A District Representative will only be allowed to miss one Area meeting without sending an Alternate District Representative with a report. If he/she misses two consecutive meetings, the Alternate District Representative or Group Representatives of that District will be notified by the Area Chairperson by phone or mail. A District Representative can be replaced by the District. Also the Area has the power to replace a District Representative who does not come to meetings or performs his/her duties. 11/87
- **AWSC MEETING-Voice and Vote**
 - Representing the group conscience of your district
 - Facilitating the flow of information
 - Second Saturday in March
 - ☐ March 11, 2017
 - ☐ March 10, 2018
 - ☐ March 9, 2019
 - Fourth Saturday in August
 - ☐ August 26, 2017
 - ☐ August 25, 2018
 - ☐ August 24, 2019
- **Area Assembly-Voice and Vote**
 - Support your GR's and be a resource of information at the Assembly
 - Report district highlights, accomplishments and activities to the Area
 - Spring Assembly the Weekend before Mother's Day
 - ☐ May 6 & 7, 2017
 - ☐ May 5 & 6, 2018
 - ☐ May 4 & 5, 2019
 - Fall Assembly the first Saturday in November
 - ☐ November 4 & 5, 2017
 - ☐ November 3 & 4, 2018
 - ☐ November 2 & 3, 2019

\div
divide responsibility
\times
multiply involvement
$+$
add awareness
$=$
equals a good district

DISTRICT MEETINGS

- Regularly Scheduled
- Location, Location, Location
- The District Meeting is the GR's_Meeting.
- Food, Fellowship, Fun and Meaningful
- Create, Share and Accept Input on the Agenda
- Be an Encourager cheer on your GR's encourage them to participate
- Be Enthusiastic about your recovery and service
- Be a Participator Public Outreach and Recovery Events (DAY IN SERVICE)
- Be a Facilitator-remember the District meeting is the GR's meeting
- Be a Delegator-you don't have to (and shouldn't) do everything
- Be a Listener-Bring information not your opinion
- Be a Learner-Study the Traditions, Concepts, Read the Service Manual, Conference Summaries and Guidelines

Divide into groups pick either the Ideas to increase Membership the Suggested Topics for district Meetings Pick 2 or 3 suggestions and Brainstorm on how to incorporate them into your district meeting or share how you have incorporated them into your District Meetings.

NOTES FROM SHARINGS:

YOU ARE NOT ALONE

- **You Have Resources**

- Literature-
- Service Manual
- Round Robin
- Websites with information-Guidelines, Conference Summaries

<http://www.missouri-al-anon.org/> Al-anon.org

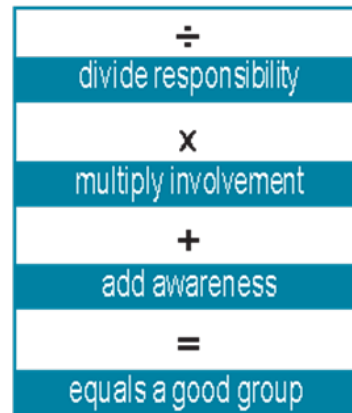
<http://www.al-anon.org>

- **You Have People**

- Alternate District Representative
- Get and use a Service Sponsor
- Group Members, GRs and District Officers
- Fellow District Representative
- Area Officers and Coordinators
- E-Community

- **You Have a Higher Power**

LINKS OF SERVICE



Member + Member = Group

Group + Group = District

District + District = Assembly

Assembly + Assembly =

World Service Conference